PSYCHOLOGICAL AND SOCIAL SCIENCES, B.S.

Begin Campus: Any Penn State Campus
End Campus: Abington

Program Description
Building on the interdisciplinary and cross-disciplinary strengths of Penn State Abington, the Psychological and Social Sciences B.S. is designed to respond to the demand for a program emphasizing the social and behavioral sciences leading to an understanding of human behavior and its influence upon society as well as the influence of social forces on individuals. The program is distinguished by its interdisciplinary and cross-disciplinary coursework and required field experience. The degree program offers students a choice of course clusters focused on specialized areas such as social psychology, developmental studies, organizational behavior and leadership, bio-behavior and diversity, and counseling. The B.S. provides a broad theoretical foundation in social and psychological theory as well as the opportunity to engage in supervised field experience. In addition, the B.S. degree emphasizes quantitative research skills and requires the completion of a senior thesis. The major is designed to prepare students for a variety of career fields including human resources, business administration, mental health, and social work as well as for continued study in graduate or professional school.

What is Psychological and Social Sciences?
Psychological and Social Sciences fosters an understanding of human behavior and its influence on society as well as the impact of social forces on individuals. It includes the disciplines of psychology, sociology, anthropology, and human development and family studies.

You Might Like This Program If...
- You are curious about people's behavior.
- You are interested in knowing why people behave the way they do.
- You possess a keen interest in how culture and society impact individuals.
- You are a critical thinker and want to develop strong research and communication skills.
- You are interested in a career in mental health or counseling, market research, consulting, occupational therapy, or research oriented careers.
- You want to go to graduate school (Masters or Ph.D. level).

MORE INFORMATION (http://abington.psu.edu/psychological-and-social-sciences)

Degree Requirements
For the Bachelor of Science degree in Psychological and Social Sciences, a minimum of 121 credits is required:

<table>
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<tr>
<th>Requirement</th>
<th>Credits</th>
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<tbody>
<tr>
<td>General Education</td>
<td>45</td>
</tr>
<tr>
<td>Electives</td>
<td>12-17</td>
</tr>
<tr>
<td>Requirements for the Major</td>
<td>66-70</td>
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</tbody>
</table>

General Education
Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts. General Education aids students in developing intellectual curiosity, a strengthened ability to think, and a deeper sense of aesthetic appreciation. These are requirements for all baccalaureate students and are often partially incorporated into the requirements of a program. For additional information, see the General Education Requirements (http://bulletins.psu.edu/undergraduate/general-education/baccalaureate-degree-general-education-program) section of the Bulletin and consult your academic adviser.

The keystone symbol appears next to the title of any course that is designated as a General Education course. Program requirements may also satisfy General Education requirements and vary for each program.

Foundations (grade of C or better is required.)
- Quantification (GQ): 6 credits
- Writing and Speaking (GWS): 9 credits

Knowledge Domains
- Arts (GA): 6 credits
- Health and Wellness (GHW): 3 credits
- Humanities (GH): 6 credits
- Social and Behavioral Sciences (GS): 6 credits
- Natural Sciences (GN): 9 credits

Integrative Studies (may also complete a Knowledge Domain requirement)
- Inter-Domain or Approved Linked Courses: 6 credits

7-8 of these 45 credits are included in the Requirements for the Major.

University Degree Requirements
First Year Engagement
All students enrolled in a college or the Division of Undergraduate Studies at University Park, and the World Campus are required to take 1 to 3 credits of the First-Year Seminar, as specified by their college First-Year Engagement Plan.

Other Penn State colleges and campuses may require the First-Year Seminar; colleges and campuses that do not require a First-Year Seminar provide students with a first-year engagement experience.

First-year baccalaureate students entering Penn State should consult their academic adviser for these requirements.

Cultures Requirement
6 credits are required and may satisfy other requirements
- United States Cultures: 3 credits
- International Cultures: 3 credits

Writing Across the Curriculum
3 credits required from the college of graduation and likely prescribed as part of major requirements.

Total Minimum Credits
A minimum of 120 degree credits must be earned for a baccalaureate degree. The requirements for some programs may exceed 120 credits.
Students should consult with their college or department adviser for information on specific credit requirements.

**Quality of Work**
Candidates must complete the degree requirements for their major and earn at least a 2.00 grade-point average for all courses completed within their degree program.

**Limitations on Source and Time for Credit Acquisition**
The college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Credit used toward degree programs may need to be earned from a particular source or within time constraints (see Senate Policy 83-80). For more information, check the Suggested Academic Plan for your intended program.

**Requirements for the Major**
This includes 7-8 credits of General Education courses: 3-4 credits of GN courses; 4 credits of GQ courses.

A grade of C or better is required for all courses in the major. To graduate, a student enrolled in the major must earn at least a C grade in each course designated by the major as a C-required course, as specified by Senate Policy 82-44 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#82-44). For more information, check the Suggested Academic Plan for your intended program.

### Code | Title | Credits
---|---|---
**Prescribed Courses:** Require a grade of C or better
MATH 110 | Techniques of Calculus I | 4
PSYCH 100 | Introductory Psychology | 3
ANTH 45N | Cultural Diversity: A Global Perspective | 3
PSYCH 200 | Elementary Statistics in Psychology | 4
SOC 471 | Qualitative Research Methods in Sociology | 3

### Additional Courses:
Additional Courses: Require a grade of C or better
BIOL 141 | Introductory Physiology | 4
& BIOL 142 | and Physiology Laboratory | 4
& BIOL 110 | Biology: Basic Concepts and Biodiversity | 3
SOC 1 | Introductory Sociology | 3
or SOC 5 | Social Problems | 3
HDFS 129 | Introduction to Human Development and Family Studies | 3
or PSYCH 212 | Introduction to Developmental Psychology | 3
PSYCH 301 | Basic Research Methods in Psychology | 3-4
or HDFS 312 | Empirical Inquiry in Human Development | 3
BBH 301 | Values and Ethics in Biobehavioral Health Research and Practice | 3
or HDFS 301 | Values and Ethics in Health and Human Development Professions | 3
CAS 352 | Organizational Communication | 3
or CAS 455 | Gender Roles in Communication | 3
Select 3 credits of the following: | | 3
ANTH 495 | Internship | 3
HDFS 495C | Professional Practicum in Human Services | 3
PSYCH 495 | Internship | 3

**Supporting Courses and Related Areas**
Supporting Courses and Related Areas: Require a grade of C or better

Select 6-15 credits of the following HDFS and PSYCH courses: 6-15
- HDFS 229 | Infant and Child Development |
- HDFS 239 | Adolescent Development |
- HDFS 249 | Adult Development and Aging |
- HDFS 250 | Sexual Identity over the Life Span |
- HDFS 315 | Family Development |
- HDFS 432 | Developmental Problems in Childhood and Adolescence |
- HDFS 433 | Developmental Transition to Adulthood |
- HDFS 445 | Development Throughout Adulthood |
- HDFS 468 | Biological Bases of Behavioral Development |
- PSYCH 221 | Introduction to Social Psychology |
- PSYCH 281 | Introduction to Industrial-Organizational Psychology |
- PSYCH 407 | Advanced Research Methods in Psychology |
- PSYCH 412 | Adolescence |
- PSYCH 415 | Topics in Developmental Psychology |
- PSYCH 416 | Development Through adulthood |
- PSYCH 420 | Advanced Social Psychology |
- PSYCH 422 | Human Sexuality |
- PSYCH 423 | Social Psychology of Interpersonal/Intergroup Relationships |
- PSYCH 424 | Applied Social Psychology |
- PSYCH 426 | Language and Thought |
- PSYCH 438 | Personality Theory |
- PSYCH 441 | Health Psychology |
- PSYCH 470 | Abnormal Psychology |
- PSYCH 478 | Clinical Neuropsychology |
- PSYCH 479 | The Psychology of Gender |
- PSYCH 481 | Introduction to Clinical Psychology |
- PSYCH 484 | Work Attitudes and Motivation |
- PSYCH 485 | Leadership in Work Settings |
- PSYCH 496B | **SPECIAL TOPICS** |
- PSYCH 497 | Special Topics |

Select 6-15 credits of the following SOC and ANTH courses: 6-15
- ANTH 2N | World Archaeology |
- ANTH 11 | Introductory North American Archaeology |
- ANTH 22 | Primates in Development |
- ANTH 40 | Biocultural Evolution |
- ANTH 146 | North American Indians |
- ANTH 197 | Special Topics |
- ANTH 199 | Foreign Studies |
- ANTH 216N | Sex and Evolution |
- ANTH 321 | Intellectual Background of Archaeology |
- ANTH 380 | Anthropology Museum Studies |
**Program Learning Objectives**

1. Knowledge and Application
   a. Describe key psychological and sociological concepts and theories.
   b. Apply concepts and theories to empirical and real life situations.

2. Effective Communication (Writing and Speaking)
   a. Communicate social scientific knowledge orally in a clear and accurate manner.
   b. Communicate social scientific knowledge in writing in a clear and accurate manner.

3. Critical Thinking and Scientific Reasoning
   a. Understand and utilize the scientific method and basic research methods.
   b. Demonstrate critical thinking in the analysis and evaluation of information to distinguish the scientific from the nonscientific.

4. Ethics and Diversity
   a. Evidence knowledge of and appreciation for cultural diversity and relativity in human experience, and for the complexity of human behavior and interactions.
   b. Acquire an ethical lens that applies to concrete professional situations and broader issues in society and culture.

**Academic Advising**

The objectives of the university's academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee's unit of enrollment will provide each advisee with a primary academic adviser; the information need to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy)

**Abington**

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Abington, PA 19001
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**Suggested Academic Plan**

**Abington Campus**

The course series listed below provides only one of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an Academic Requirements or What If report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

<table>
<thead>
<tr>
<th>First Year</th>
<th>Credits</th>
<th>Second Year</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Fall</td>
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<td>Spring</td>
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<tr>
<td>ENGL 15 or 30*</td>
<td>3</td>
<td>PSYCH 212 or HDFS 129†</td>
<td>3</td>
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<tr>
<td>PSYCH 100*</td>
<td>3</td>
<td>BIOL 110 or 141 and 142†</td>
<td>4</td>
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<tr>
<td>MATH 110</td>
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<td>General Education Course</td>
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*At least 12 credits must be at the 400 level.

†A student enrolled in this major must receive a grade of C or better in these courses, as specified by Senate Policy 82-44 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-degree-requirements/#82-44).

‡What If information to distinguish the scientific from the nonscientific.
### Psychological and Social Sciences, B.S.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Description</th>
<th>Credits</th>
<th>Credits</th>
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<td>CAS 100A or 100B</td>
<td>General Education Course</td>
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**Third Year**

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<th>Fall</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Elective</td>
<td>3 HDFS 301*</td>
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<tr>
<td>SOC 471*</td>
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<tr>
<td>General Education</td>
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</tr>
<tr>
<td>Major Selection any level*</td>
<td>3 Major Selection any level*</td>
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<tr>
<td>Elective</td>
<td>3 Major Selection 400 level*</td>
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**Fourth Year**

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<th>Spring</th>
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<tr>
<td>XXX 494 Senior Thesis 1*</td>
<td>3 XXX 495 Internship*</td>
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<tr>
<td>Major Selection 400 level*</td>
<td>3 Major Selection 400 level*</td>
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<tr>
<td>Major Selection 400 level*</td>
<td>3 XXX 494 Senior Thesis 2*</td>
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<td>Major Selection any level*</td>
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<tr>
<td>Elective (US/IL)</td>
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<td>12</td>
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</table>

**Total Credits 121**

### University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GHW, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS, and Integrative Studies). Foundations courses (GWS and GQ) require a grade of ‘C’ or better.

Integrative Studies courses are required for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

1 At least 12 of 21 required major selection credits must be at the 400 level.

6-15 credits of major courses are required in courses designated PSYCH and/or HDFS.

6-15 credits of major courses are required in courses designated SOC and/or ANTH.

0-9 credits of major courses are required in courses designated other Social Sciences from the approved PSS program list.

### Other Social Sciences courses for Major Requirements:


### Other Social Sciences courses for Major Requirements:

BB H 302, 315, CAS 352, 415, 455, CN ED 404, 407, ED PSY 014, COMM 100, 120, 411, WMNST 471

Courses cross-listed with the above may be petitioned to meet the 400-level requirement.

### Career Paths

A bachelor of science degree in Psychological and Social Sciences is designed to prepare students for a variety of career fields including human resources, business administration, mental health, and social work, or continued study in graduate and professional schools. The Penn State Abington Center for Career & Professional Development supports and serves students in all areas related to career development and preparation including career counseling and coaching, internships, resume creation, interview training, and job search strategies.

### Careers

With a bachelor of science degree in Psychological & Social Sciences, you will be prepared for careers in child and geriatric care; counseling, clinical, and social work; education; human resources; marketing/marketing research; occupational therapy; and research.

### Opportunities for Graduate Studies

A baccalaureate degree in Psychological & Social Sciences prepares students to earn graduate degrees in a variety of fields or obtain admission to MBA programs and law schools, among other post-graduate opportunities.

### Contact

**Abington**

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http://abington.psu.edu/psychological-and-social-sciences