

# HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S. (ALTOONA)

**Begin Campus:** Any Penn State Campus

**End Campus:** Altoona

## Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2023-24 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition (*Note: the archive only contains suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin*).

## Life Span Human Services Option: Human Development and Family Studies, B.S. at Altoona Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

### First Year

Fall	Credits Spring	Credits
HDFS 129*	3 HDFS 229, 239, or 249N*	3
ENGL 15 or 30H <sup>‡</sup>	3 CAS 100 <sup>‡</sup>	3
PSU 3	1 STAT 200 or EDPSY 101 (GQ) <sup>*†</sup>	3-4
General Education Course	3 General Education Course	3
General Education Course	3 General Education Course	3
General Education (GQ) <sup>‡</sup>	3	
	<b>16</b>	<b>15-16</b>

### Second Year

Fall	Credits Spring	Credits
HDFS 229, 239, or 249N (GS)*	3 ENGL 202A (GWS) <sup>‡</sup>	3
HDFS 311*	3 HDFS 312W or 315Y*	3
HDFS 312W or 315Y*	3 Supporting Course*	3
HDFS Supporting Course <sup>*#</sup>	3 General Education Course	3
General Education Course	3 General Education Course	3
General Education Course (GHW)	1.5 General Education Course (GHW)	1.5
	<b>16.5</b>	<b>16.5</b>

### Third Year

Fall	Credits Spring	Credits
HDFS 433 or 445*	3 HDFS 301*	3
HDFS 400-level Supporting Course	3 HDFS 428 or 429*	3

HDFS 400-level Supporting Course	3 HDFS 411*	3
Other US Cultures Course	3 HDFS Supporting Course*	3
General Education Course	3 General Education Course	3
	<b>15</b>	<b>15</b>

### Fourth Year

Fall	Credits Spring	Credits
HDFS 401*	3 HDFS 402*	4
HDFS 414*	3 HDFS 495C*	8
HDFS 418*	3	
HDFS 455*	3	
HDFS Supporting Course or Elective	3	
	<b>15</b>	<b>12</b>

### Total Credits 121-122

\* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

# Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

### University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

### Advising Notes

- GWS, GQ, GA, GH, GS, GN and GHW are codes used to identify General Education requirements (<https://bulletins.psu.edu/undergraduate/general-education/>).
- US, IL, and US;IL are codes used to designate courses that satisfy University United States/International Cultures requirements. All students are required to take one IL and one US course before graduation. A course designated as US;IL may be used as a US or an IL, not both.
- W suffix signifies the course satisfies the University Writing Across the Curriculum requirement.

### Program Notes

Students must complete a 3-credit course in "United States Cultures (US)" and a 3-credit course in "International Cultures (IL)."