

# TRAUMA STUDIES, CERTIFICATE

---

Requirements for an undergraduate certificate may be completed at any campus location offering the specified courses for the certificate.

## Program Description

This 18 credit certificate will provide the core information and competencies for students interested in pursuing research and applied experiences in trauma studies. The certificate is open to all majors; students will be provided with an interdisciplinary understanding of the psychological, historical, sociocultural, political, and physiological aspects of the effects of trauma. It will also provide students a greater understanding of the unique economic, occupational, physical, medical, and interpersonal needs of those recovering from trauma. The certificate is consistent with psychology program goals to develop clear career tracks for current students interested in the applied fields of psychology.

## What is Trauma Studies?

Experiencing a traumatic event such as war, urban violence, child abuse, sexual assault, domestic violence, accident, or natural disaster, is known to likely lead to a negative impact on psychological and physical health. Unfortunately, most people experience traumatic events during their lifetimes, making trauma studies one of the fastest growing areas in the social sciences.

## You Might Like This Program If...

- You are a Psychology major interested in a counseling or psychotherapy career.
- You are interested in research related to trauma and recovery.
- You are interested in interdisciplinary explanations of human behavior and recovery after trauma.
- You are in an allied health field and would like to better understand the impact of trauma on people's lives.
- You recognize that people recovering from trauma have unique emotional-health needs and want to help them.