

ADDICTIONS AND RECOVERY, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Description

The multi-disciplinary minor in Addictions and Recovery supplements the educational needs of students across disciplines who wish to gain advanced knowledge and skills to support people struggling with a substance use disorder in all stages of the recovery process. The rise in the number of individuals struggling with addiction and recovery, the increased potency and administration of some drugs, and the specific needs of certain sub-groups within the addictions population are contributing to the complex landscape of addictions and recovery. Upon completion of the minor, students will have the knowledge and skills to support development and administration of programs designed to improve outcomes for those struggling with addictions and recovery.

Students completing the minor will be able to take courses across multiple disciplines as a way to view this phenomenon from various perspectives. The courses that comprise the minor are organized into recommended tracks that will permit students to select combinations of courses that will best compliment their major studies and prepare them for future professional goals. One track provides a pathway to certification as a drug and alcohol counselor for those who successfully complete their bachelor's degree in a behavioral science major in addition to the minor coursework. Students pursuing this career path are encouraged to select courses that support the learning domains for the Certified Alcohol and Drug Counseling (CADC) certification in the state of Pennsylvania. The minor also provides opportunities for students to seek out research and applied experiences which can enhance their preparation for graduate work or working with people in applied settings.

Program Requirements

Requirement	Credits
Requirements for the Minor	18

Requirements for the Minor

Some courses may require prerequisites.

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10>). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

Code	Title	Credits
Prescribed Courses		
<i>Prescribed Courses: Require a grade of C or better</i>		
BBH 143	Drugs, Behavior, and Health	3
Additional Courses		
<i>Additional Courses: Require a grade of C or better</i>		
Select 15 credits from the following:		15
BBH 301W	Values and Ethics in Biobehavioral Health Research and Practice	

BBH 451	Pharmacological Influences on Health
CI 333	Education and the Student in Recovery
CNED 422	Foundations of Addictions Counseling
CRIM 424	Drugs, Crime, and Society
CRIM 451	Race, Crime, and Justice
CRIMJ 415	Drug Control Policy in Comparative Perspective
CRIMJ 469	Drugs and Drug Policy in the United States
EDTHP 420	Education and Public Policy
HDFS 301	Values and Ethics in Health and Human Development Professions
HDFS 311	Human Development and Family Studies Interventions
HDFS 411	The Helping Relationship
HIED 302	The Role of the Resident Assistant: Theory and Practice
HLHED 443	Alcohol and Drug Education
HM 208	Social, Cultural, and Health Influences of Alcohol
HPA 301W	Health Services Policy Issues
KINES 445	Alcohol and Drug Education
NURS 407	Drugs of Abuse and Mental Health Issues
RHS 300	Introduction to Rehabilitation and Human Services
RHS 301	Introduction to Counseling as a Profession
RHS 302	Client Assessment in Rehabilitation and Human Services
RHS 303	Group Work in Rehabilitation Practice and Human Services
RHS 400W	Case Management and Communication Skills
RHS 401	Community Mental Health Practice and Services
RHS 402	Children and Families in Rehabilitation Settings and Human Services
RHS 403	Medical Aspects of Disability
RHS 428	Rehabilitation in the Justice System
RHS 433	Trauma-informed care for school & human service professionals
SOC 468	Mood-Altering Substances in Society

Academic Advising

The objectives of the university's academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee's unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/>)

University Park

Amelia Tyler
Administrative Support

125G CEDAR Building
University Park, PA 16802
814-865-7454
ajt6196@psu.edu

DuBois

Jessica Clontz, M.Ed., CRC
Assistant Teaching Professor, Human Development and Family Studies
1 College Place
DuBois, PA 15801
814-375-4833
jlb5810@psu.edu

Schuylkill

Jessica Saalfield
Assistant Professor, Psychology
200 University Drive
Schuylkill Haven PA 17972
570-385-6295
jfs6485@psu.edu

Contact

University Park

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY, COUNSELING, AND
SPECIAL EDUCATION
125 CEDAR Building
University Park, PA 16802
814-863-4594
dmo11@psu.edu

<https://ed.psu.edu/academics/departments/department-educational-psychology-counseling-and-special-education/rehabilitation-and-human-services/rehabilitation-and-human-services-minor> (<https://ed.psu.edu/academics/departments/department-educational-psychology-counseling-and-special-education/rehabilitation-and-human-services/rehabilitation-and-human-services-minor/>)

DuBois

1 College Place
DuBois, PA 15801
814-375-4833
jlb580@psu.edu

<https://dubois.psu.edu/academics/degrees/hdfs/minoraddictions>
(<https://dubois.psu.edu/academics/degrees/hdfs/minoraddictions/>)

Schuylkill

ACADEMIC AFFAIRS
200 University Drive
Schuylkill Haven, PA 17972
570-385-6295
jfs6485@psu.edu

<https://schuylkill.psu.edu/academics/bacc-degrees/psychology> (<https://schuylkill.psu.edu/academics/bacc-degrees/psychology/>)