

HEALTH AND HUMAN DEVELOPMENT

Departments and Schools

Department of Biobehavioral Health

Biobehavioral Health is an innovative department that explores health in an integrated way by considering how behavioral, biological, social, cultural and environmental factors may influence health. Biobehavioral Health students develop a strong foundation for future work or study in a range of fields, such as public health, health care, epidemiology, psychology, genetics, neuroscience, health promotion, biomedical research, and medicine.

MORE INFORMATION ABOUT THE DEPARTMENT OF BIOBEHAVIORAL HEALTH (<https://hhd.psu.edu/bbh/>)

Department of Communication Sciences and Disorders

Communication Sciences and Disorders is a leader in preparing professionals who address prevention and rehabilitation of speech, language and hearing problems. The major incorporates linguistics, acoustics, psychology, anatomy, and neurobiology. Students typically pursue graduate study and professional certification and licensure and hold positions in hospitals, clinics, schools, research centers, and other settings.

MORE INFORMATION ABOUT THE DEPARTMENT OF COMMUNICATION SCIENCES AND DISORDERS (<https://hhd.psu.edu/csd/>)

Department of Health Policy and Administration

The nationally recognized program in Health Policy and Administration (HPA) prepares students to understand the problems of health care access, cost, and quality. HPA prepares students to work in health care management, policy analysis, or to pursue graduate study in business, law, medicine, health administration, health services research, or public health.

MORE INFORMATION ABOUT THE DEPARTMENT OF HEALTH POLICY AND ADMINISTRATION (<https://hhd.psu.edu/hpa/>)

School of Hospitality Management

The School of Hospitality Management (SHM) prepares our graduates to make a difference in the global world of hospitality through their skills in management and problem-solving, by combining people-skills along with analytical prowess. Our graduates learn in real-world facilities, research labs solving real-world problems, travel for domestic and international learning experiences, and engage as much with people as with novel technologies. The learning and engagement at SHM reflect today's relevant industry landscape providing experiences that prepare students for the many career opportunities offered in the diverse and exciting segments of the global hospitality industry, and will power their success in any complex, people-centric enterprise. Penn State's Hospitality Management program is amongst the oldest program in the nation, and amongst the most prestigious of its kind in the world.

MORE INFORMATION ABOUT THE SCHOOL OF HOSPITALITY MANAGEMENT (<https://hhd.psu.edu/shm/>)

Department of Human Development and Family Studies

Human Development and Family Studies (HDFS) is a social science program that emphasizes engaged learning to prepare students to work in a wide range of applied settings, including aging, family services, youth programs, child care and early childhood education, drug and alcohol rehabilitation, human resources, and other human service fields. Our graduates pursue advanced degrees in social work, psychology, counseling, human development, sociology, law, medicine, and public health fields. Coursework emphasizes psychological, social, and biological influences on individuals and families, and provides students with skills and experiences to prepare them to positively impact individuals, families, and communities.

MORE INFORMATION ABOUT THE DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES (<https://hhd.psu.edu/hdfs/>)

Department of Kinesiology

Kinesiology offers an interdisciplinary program focused on human movement related to health, wellness, and performance. Students apply skills and knowledge in biomechanics, exercise physiology, motor-control, psychology, philosophy/history, and athletic training to real-life problems, preparing them for graduate study in allied health/medical professions and careers in fitness, wellness, teaching, and coaching.

MORE INFORMATION ABOUT THE DEPARTMENT OF KINESIOLOGY (<https://hhd.psu.edu/kines/>)

Department of Nutritional Sciences

Nutritional science is a dynamic discipline that applies biology and biochemistry concepts through understanding how the body utilizes nutrients and related substances to optimize health throughout the life span. Students gain an understanding of the interplay of nutrition and lifestyle, food and food systems, food security and access to food, and how these areas relate to current public health issues, as well as to the development and dietary management of diseases. Students in Nutritional Sciences are prepared for careers in a variety of health/medical professions, behavioral nutrition, public health nutrition, industry, food systems management, and dietetics-related careers.

Students may select one or more Options: Behavioral Nutrition and Public Health, Nutritional Physiology and Biochemistry, and Nutrition and Dietetics. The Nutrition and Dietetics Option is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

MORE INFORMATION ABOUT THE DEPARTMENT OF NUTRITIONAL SCIENCES (<https://hhd.psu.edu/nutrition/>)

Department of Recreation, Park, and Tourism Management

Our goal is to educate and inspire students to facilitate recreation, park and tourism activities to transform health and human well-being for individuals and for communities. We integrate topics such as environmental sustainability, human development, health and well-being, social innovation and entrepreneurship, community and economic development, and leadership with an eye toward diversity and inclusion. RPTM students are prepared for graduate study as well as careers in natural resource and park management, sports, tourism (including ecotourism), event planning, resorts, live entertainment events, environmental education and interpretation, community recreation and non-profits, professional golf management and related fields.

MORE INFORMATION ABOUT THE DEPARTMENT OF RECREATION, PARK,
AND TOURISM MANAGEMENT (<https://hhd.psu.edu/rptm/>)