

HUMAN DEVELOPMENT AND FAMILY STUDIES, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

What is Human Development and Family Studies?

The minor in Human Development and Family Studies helps you understand human behavior, learn how people relate to one another and learn how to make a difference in their lives. HDFS takes an interdisciplinary approach to helping you understand how individuals develop and change from birth to old age, how families and communities influence individual development, and how you can apply this knowledge to develop, implement and evaluate interventions designed to improve the lives of individuals and families. You will explore the biological, psychological, and sociological facets of life in order to learn how to develop, implement and evaluate interventions designed to improve the lives of individuals and families.

You Might Like This Program If...

- You want to understand how individuals develop and change from birth to old age, how families and communities influence individual development, and how to apply this knowledge to improve the lives of individuals and families.
- You plan to pursue a career in which knowledge about individual and family development can be useful, such as human services, health professions (speech pathology, occupational therapy, nursing, medicine) education and business (marketing, human resources).

MORE INFORMATION ABOUT HUMAN DEVELOPMENT AND FAMILY STUDIES (<https://hhd.psu.edu/hdfs/undergraduate/minor-human-development-and-family-studies/>)