

KINESIOLOGY, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Requirements

Requirement	Credits
Requirements for the Minor	18-19

Students in the Athletic Training Major are not permitted to obtain a Kinesiology Minor.

Students may need additional prerequisites to complete this minor.

Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10>). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

Code	Title	Credits
Additional Courses		
<i>Additional Courses: Require a grade of C or better</i>		
Select 6-7 credits from the following:		6-7
KINES 100	The Cultural and Behavioral Foundations of Kinesiology	
KINES 101	The Biophysical Foundations of Kinesiology	
KINES/ATHTR 202	Functional Human Anatomy	
Supporting Courses and Related Areas		
<i>Supporting Courses and Related Areas: Require a grade of C or better</i>		
Select 12 credits from approved list, 6 credits must be at the 400-level. ¹		12
KINES 100	The Cultural and Behavioral Foundations of Kinesiology	
KINES 101	The Biophysical Foundations of Kinesiology	
KINES/ATHTR 202	Functional Human Anatomy	
KINES 321	Psychology of Movement Behavior	
KINES 341	The Historical, Cultural, and Social Dynamics of Sport	
KINES 345	Meaning, Ethics, and Movement	
KINES 350	Exercise Physiology	
KINES 360	The Neurobiology of Motor Control and Development	
KINES 384	Biomechanics	
KINES 405N	Bicycling Culture and Urban Design	
KINES 410	Physical Growth and Motor Development	
KINES 411	Introduction to Musculoskeletal Injury and Rehabilitation	
KINES 419	Disability Sport and Recreation	
KINES 420	Psychosocial Dimensions of Physical Activity	
KINES 421	Exercise Psychology	

KINES 422	Physical Activity Interventions
KINES 423	Psychology of Sports Injuries
KINES 424	Women and Sport
KINES 425W	Physical Activity in Diverse Populations
KINES 426	Physical Activity and Public Health
KINES 427	Developmental Sport & Exercise Psychology
KINES 428	Motivation and Emotion in Movement
KINES 429	Psychology of Sport Performance
KINES 430W	Groups in Physical Activity
KINES 431	Concussion in Athletics: Brain to Behavior
KINES 439W	
KINES 440	Philosophy and Sport
KINES/AMST 441	History of Sport in American Society
KINES/CAMS 442	
KINES 445	Alcohol and Drug Education
KINES 446	History of Sport in the Modern World
KINES 447W	Representing Sport in Popular Film
KINES 449	Sport in African History
KINES 452	Applied Cardiovascular Physiology
KINES 453	Environmental Physiology
KINES 454	Women's Health and Exercise Across the Lifespan
KINES 455	Physiological Basis of Exercise as Medicine
KINES 456	Physical Fitness Appraisal
KINES 457	Exercise Prescription and Case Studies
KINES 458	Introduction to Electrocardiogram Interpretation
KINES 459	Community Engagement and Outreach in Kinesiology
KINES 460	Movement Disorders
KINES 463	Acquisition of Motor Skills
KINES 465	Neurobiology of Sensorimotor Stroke Rehabilitation
KINES 467	The Science of Performance Enhancement
KINES 470	Genetics and Human Physical Performance
KINES 471	MOTOR CONTROL
KINES 481W	Scientific Basis of Exercise for Older Adults
KINES 483	Motor Patterns of Children
KINES 484	Advanced Biomechanics
KINES 485	Science and Practice of Training Athletes
KINES 488	Mechanics of Locomotion
KINES 492W	Programming for Business and Agencies
KINES 493	Principles and Ethics of Coaching
KINES 493W	Principles and Ethics of Coaching
KINES 495E	Advanced Professional Development in Kinesiology
KINES 499	Foreign Studies

¹ Exclude:

- EMT Courses - KINES 303, KINES 304, KINES 403, KINES 404, KINES 498A-F Special Topics.

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- Internship Courses – KINES 495A, KINES 495B, KINES 495C, and KINES 495D and KINES 203, KINES 296 and KINES 496.