

HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S. (UNIVERSITY COLLEGE)

Begin Campus: Any Penn State Campus

End Campus: Brandywine, DuBois, Fayette, Mont Alto, Scranton, Shenango, York

Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2023-24 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition (*Note: the archive only contains suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin*).

Brandywine Campus

Life Span Human Services Option: Human Development and Family Studies, B.S. at Brandywine Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
HDFS 129*	3 HDFS 229, 239, or 249N*	3
ENGL 15, 30H, or ESL 15 [‡]	3 HDFS 315*	3
General Education Course	3 CAS 100, CAS 100A, CAS 100B, or CAS 100C [‡]	0-3
General Education Course	3 General Education Course	3
General Education Course	3 General Education Course	3
	15	12-15

Second Year

Fall	Credits Spring	Credits
HDFS 229, 239, or 249N*	3 HDFS 312W*	3
HDFS 301*	3 ENGL 202A, 202B, 202C, or 202D [‡]	3
HDFS 311*	3 General Education Course (GHW)	1.5
EDPSY 101 or STAT 200 ^{**1}	3-4 General Education Course	3
General Education Course	3 Supporting Course	3
	Supporting Course	3
	15-16	16.5

Third Year

Fall	Credits Spring	Credits
HDFS 411*	3 HDFS 428, 429, 433, or 445*	3
HDFS 414*	3 HDFS 455	3
HDFS 418*	3 HDFS 300/400-level*	3

General Education Course	3 General Education Course	3
Supporting Course 400-level	3 General Education Course	3
	15	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 490*	2 HDFS 495A*	9
General Education Course	3 HDFS 495B*	3
HDFS 300/400-level	3	
HDFS 300/400-level	3	
General Education Course (GHW)	1.5	
Supporting Course 400-level	3	
	15.5	12

Total Credits 116-120

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

¹ Student who choose to take EDPSY 101 will need to complete at least 1 cr in elective coursework to reach the minimum of 120 crs for graduation.

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Life Span Developmental Science Option: Human Development and Family Studies, B.S. at Brandywine Campus

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First Year

Fall	Credits Spring	Credits
HDFS 129 [*]	3 HDFS 229, 239, or 249N [*]	3
ENGL 15 [‡]	3 General Education Course	3
General Education Course	3 General Education Course	3
General Education Course	3 General Education Course	3
General Education Course	3 General Education Course	3
15		15

Second Year

Fall	Credits Spring	Credits
HDFS 229, 239, or 249N [*]	3 HDFS 312W [*]	3
HDFS 311 [*]	3 ENGL 202A, 202B, 202C, or 202D [‡]	3
HDFS 315 [*]	3 US Cultures	3
CAS 100, CAS 100A, CAS 100B, or CAS 100C [‡]	0-3 General Education Course	3
EDPSY 101 or STAT 200 ^{**†}	3-4 General Education Course (GHW)	1.5
	Supporting Course	3
12-16		16.5

Third Year

Fall	Credits Spring	Credits
HDFS 301 [*]	3 HDFS 428, 429, 433, or 445 [*]	3
HDFS 418 [*]	3 HDFS Selections [*]	3
HDFS 428, 429, 433, or 445 [*]	3 Supporting Course 400-level	3
HDFS Selections [*]	3 Supporting Course	3
General Education Course	3 General Education Course	3
General Education Course (GHW)	1.5	
16.5		15

Fourth Year

Fall	Credits Spring	Credits
HDFS 494 or 494H [*]	3 HDFS 494 or 494H [*]	3
HDFS Course 400-level [*]	3 HDFS Course 400-level [*]	3
HDFS Course 400-level [*]	3 Supporting Course 400-level	3
HDFS Course 300/400-level [*]	3 Supporting Course	3
Supporting Course 400-level	3	
15		12

Total Credits 117-121

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

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W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Advising Notes

Major requires departmental approval. In consultation with an adviser and Program Coordinator, students must submit an application for the Life Span Developmental Science option during their 5th or 6th semester.

DuBois Campus

Lifespan Human Services (LSHS) Option with a Focus on Children, Youth & Families: Human Development and Family Studies, B.S. at DuBois Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
HDFS 129	3 CAS 100	3
HDFS 239 or 249N (every even fall, if gerontology minor)	3 General Education Course	3
ENGL 15	3 General Education Course - Quantitative (EDPSY 101)	3
General Education Course	3 HDFS 229	3
General Education Course	3 General Education Course (BBH 143 if CSPCC or BIOL 155 if Geron.)	3
First Year Seminar	0-1	
15-16		15

Second Year

Fall	Credits Spring	Credits
HDFS 311	3 HDFS 301	3
HDFS 315Y	3 HDFS 312W (Writing across the curriculum)	3
Supporting Course (CNED 401 if CDPCC)	3 HDFS 314	1
ENGL 202A	3 General Education Course	3
General Education Course	3 General Education Course	3
General Education Course	3-4 HDFS (300-400 level) (HDFS 416 or HDFS 405 or HDFS 413 if Geron)	3
18-19		16

Third Year

Fall	Credits Spring	Credits
HDFS 411	3 HDFS 414	3
General Education Course	3 Advanced Development (HDFS 433)	3
General Education Course	3 Supporting Course (EDTHP 115 or ASB)	3
Supporting Course (HDFS 108N, SOC 1, or CNED 401)*	3 HDFS 300/400 Supporting Course - HDFS 302A	3
Advanced Development (HDFS 429 or HDFS 445 if Geron.)	3 Supporting Course (400 Level) (CNED 420 every odd spring or CNED 416 every even spring)	3

Supporting Course (400 level) (CNED 401 or CNED 404 every even fall, or CNED 421 every odd fall) If Geron. DLC class	3 General Education Course	3
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18

18

Fourth Year

Fall	Credits Spring	Credits
HDFS 401 (490)	3 HDFS 495C (495A)	6-8
HDFS 418	3 HDFS 496 (if Geron.)	3
HDFS 455	3 Internship	3
General Education Course	3	
General Education Course	3	
15		12-14

Total Credits 127-131

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Program Notes:

- CDPCC if as student is pursuing the Chemical Dependency Prevention Certificate
- Gerontology designation if a student is pursuing the Gerontology minor

HDFS Course Options:

- Advanced Development Selections: (Need one, but could take a second one as 300/400 level support): HDFS 429, HDFS 433 or HDFS 445
- HDFS 300/400 Level Support: (Select at least two; can do more if using for 400 level support, supporting courses or electives): HDFS 395, HDFS 302A, HDFS 413, HDFS 447, HDFS 405, HDFS 416, HDFS 448
- 400 Level Support: (Select two of these; can also be used for elective or supporting courses): CNED 401*, CNED 404*, CNED 421*, CNED 416*, CNED 420*
- Supporting Courses: (Select three to five): CRIMJ courses, BBH 143*, BBH 146, EDTHP 115 US, HDFS 108N, PSYCH 100, PSYCH 212, SOC 1

4 Human Development and Family Studies, B.S. (University College)

** Options for the Chemical Dependency Prevention Certificate*

Fayette Campus

Life Span Human Services Option: Human Development and Family Studies, B.S. at Fayette Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
HDFS 129 or 239 (GS) [*]	3 STAT 200 ^{†*}	4
ENGL 15 or 30H [‡]	3 HDFS 129 or 229 (GS) [*]	3
PSU 8	1 CAS 100 [‡]	3
General Education Course	3 General Education Course	3
General Education Course	3 General Education Course	3
Quantification (GQ) [‡]	3	
	16	16

Second Year

Fall	Credits Spring	Credits
HDFS 129 or 239 (GS) [*]	3 HDFS 311 [*]	3
HDFS 301 [*]	3 HDFS 312W	3
HDFS 315Y [*]	3 Supporting 400-Level Course- Other Selections [*]	3
General Education Course	3 United States Cultures- Additional Requirement for HDFS [*]	3
General Education Course	3 Supporting Course-Consult with an Adviser [*]	3
	15	15

Third Year

Fall	Credits Spring	Credits
HDFS 411 [*]	3 HDFS 412, 429, 433, 440, or 445 (or see adviser) ^{*1}	3
HDFS 412, 429, 433, 440, or 445 (or see adviser) ^{*1}	3 HDFS 418 [*]	3
General Education Course	3 HDFS 414 [*]	3
ENGL 202A [‡]	3 Supporting Course in Other Selections- Consult with an Adviser [*]	3
HDFS 300/400-Level Other Selection [*]	3 General Education Course	3
General Education Course (GHW)	1.5	
	16.5	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 412, 429, 433, 440, or 445 (or see adviser) ^{*1}	3 HDFS 495A [*]	9
HDFS 490 [*]	2 HDFS 495B [*]	3
HDFS 455 [*]	3	
General Education Course	3	
Elective	3	

General Education Course (GHW)	1.5	
	15.5	12

Total Credits 121

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

¹ Course selection based on semester availability. HDFS 412, 429, 433, 440, 445, Students should work with their adviser.

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General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Advising Note:

- Students should work with their adviser to address any deficiencies in MATH or World Languages in their first year.
- This HDFS program is offering a CFLE Certificate (Certified Family Life Educator). SELECT COURSES REQUIRED for CFLE provisional certification when choosing supporting courses in the HDFS major. Please consult with Dr. Ittig.
- Entrance to Major: Degree seeking students (DUS) must complete **18 credits AND have a 2.0 CGPA** before one can declare this major. Degree seeking students are limited to 36 credits at Penn State in this status, at which point they must seek enrollment in a degree program to continue.

Mont Alto Campus

Lifespan Human Services Option: Human Development and Family Studies, B.S. at Mont Alto Campus

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First Year

Fall	Credits Spring	Credits
HDFS 129*	3 HDFS 229* ² , HDFS 239* ³ , or HDFS 249N* ⁴ (GS)	3
ENGL 15 or 30H*†	3 CAS 100	3
MATH 4 (or General Education Course)	3 General Education Course (GQ)†	3
General Education Course	3 Supporting Course ¹	3
General Education Course	3 General Education Course	3
PSU 8	1	
	16	15

Second Year

Fall	Credits Spring	Credits
HDFS 229* ² , HDFS 239* ³ , or HDFS 249N* ⁴ (GS)	3 HDFS 315 (Y)* ³	3
HDFS 301* ²	3 ENGL 202A	3
HDFS 311* ²	3 US Cultures (for HDFS major)	3
General Education Course	3 Supporting Course ¹	3
EDPSY 101 or STAT 200 (GQ)*††	3 General Education Course	3
	15	15

Third Year

Fall	Credits Spring	Credits
HDFS 300/400-level Course*	3 HDFS 411* ³	3
HDFS 300/400-level Course*	3 HDFS 414* ³	3
HDFS 312W*	3 HDFS 429* ³ , HDFS 433* ² , or HDFS 445* ⁵ (Advanced Development course)	3
General Education Course	3 400-level Supporting Course	3
General Education Course	3 General Education Course	3
	15	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 401*	3 HDFS 402* ³	4
HDFS 418* ²	3 HDFS 495C*	6-8
HDFS 455* ²	3 Elective	5-6
400-level supporting Course	3	
General Education Course	3	
	15	15-18

Total Credits 121-124

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

¹ For supporting courses, see department list or consult adviser.

² Offered every Fall semester

³ Offered every Spring semester

⁴ Offered even years, Fall semester.

⁵ Offered odd years, Fall semester

University Requirements and General Education Notes:

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* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Lifespan Human Services Option with Certification Family Life Education (CFLE): Human Development and Family Studies, B.S. at Mont Alto Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
HDFS 129 ^{*7}	3 HDFS 229 ^{*2} , HDFS 239 ^{*3} , or HDFS 249N ^{*4}	3
ENGL 15 or 30H ^{*†}	3 CAS 100 [*]	3
MATH 4 (or General Education Course)	3 General Education Course (GQ) [‡]	3
General Education Course	3 Supporting Course ¹	3
General Education Course	3 General Education Course (PSYCH 100 (GS)) ^{*7}	3
PSU 8	1	
	16	15

Second Year

Fall	Credits Spring	Credits
HDFS 229 ^{*2} , HDFS 239 ^{*3} , or HDFS 249N ^{*4}	3 HDFS 315 (Y) (US) ^{*3,7}	3
HDFS 301 ^{*2,7}	3 ENGL 202A	3
HDFS 311 ^{*2,7}	3 US Cultures (for HDFS major) (HDFS 424 ^{7,8}) [*]	3
General Education Course	3 Supporting Course ¹	3
EDPSY 101 or STAT 200 (GQ) ^{*††}	3 General Education Course	3
	15	15

Third Year

Fall	Credits Spring	Credits
HDFS 300/400-level Course (HDFS 412 ^{6,7}) [*]	3 HDFS 411 ^{*3,7}	3
HDFS 300/400-level Course (HDFS 440 ^{7,8}) [*]	3 HDFS 414 ^{*3,7}	3
HDFS 312W [*]	3 HDFS 429 ^{*3} , HDFS 433 ^{*2} , or HDFS 445 [*] (Advanced Development Course)	3
General Education Course	3 400-level Supporting Course (PSYCH 422 ^{*7,8})	3
General Education Course	3 General Education Course	3
	15	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 401 [*]	3 HDFS 402 ^{*3}	4
HDFS 418 ^{*2,7}	3 HDFS 495C ^{*7}	6-8
HDFS 455 ^{*2,7}	3 Elective	5-6
400-level supporting Course	3	

General Education Course	3	
	15	15-18

Total Credits 121-124

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

¹ For supporting courses, see department list or consult adviser.

² Offered every Fall semester

³ Offered every Spring semester

⁴ Offered even years, Fall semester.

⁵ Offered odd years, Fall semester

⁶ Offered odd years, Spring semester.

⁷ Requirement (or prerequisite) for Family Life Education certification.

⁸ Course is currently only available online. See adviser for planned timing of offering.

University Requirements and General Education Notes:

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General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Scranton Campus

Life Span Developmental Science Option: Human Development and Family Studies, B.S. at Scranton Campus

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First Year

Fall	Credits Spring	Credits
PSU 8	1 CAS 100A [†]	3
ENGL 15 or 30H	3 EDPSY 101 or STAT 200 ^{**†}	3-4
HDFS 129 [*]	3 HDFS 229 or 239 [*]	3
Quantification (GQ)	3 General Education Course	3
General Education Course	3 General Education Course	3
General Education Course	3	
16		15-16

Second Year

Fall	Credits Spring	Credits
HDFS 229 or 249N [*]	3 HDFS 311 [*]	3
HDFS 301 [*]	3 300/400-Level HDFS Course (Option Req. #3) [*]	3
HDFS 312W [*]	3 Supporting Course (Option Req. #6) [*]	3
HDFS 315 [*]	3 General Education Course	3
General Education Course	3 General Education Course	3
	General Education Course (GHW)	1.5
15		16.5

Third Year

Fall	Credits Spring	Credits
HDFS 428, 429, 433, or 445 [*]	3 HDFS 418 [*]	3
Supporting Course 400-Level (Option Req. #5) [*]	3 HDFS 428, 429, 433, or 445 [*]	3
Supporting Course (option Req. #6) [*]	3 ENGL 202A [†]	3
HDFS US Cultures Requirement [*]	3 Supporting Course 400-Level (Option Req. #5) [*]	3
General Education Course	3 General Education Course	3
Health and Wellness (GHW)	1.5	
16.5		15

Fourth Year

Fall	Credits Spring	Credits
HDFS 494 or 494H [*]	3 HDFS 494 or 494H [*]	3
Supporting HDFS Course (Option Req. #3) [*]	3 Supporting Course 400-Level (Option Req. #5) [*]	3
Supporting HDFS Course (Option Req. #3) [*]	3 Supporting HDFS Course (Option Req. #4) [*]	3
Supporting HDFS Course (Option Req. #4) [*]	3 Supporting Course (Option Req. #6) [*]	3

Supporting Course (Option Req. #6) [*]	3 Elective	3
15		15

Total Credits 124-125

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

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General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Program Notes

- Students are encouraged to take HDFS 312W in semester 3, if possible.
- In consultation with an adviser, students will find a faculty member during their 5th or 6th semester to serve as the supervisor for HDFS 494, research project. This is a two-semester senior-year project culminating in semester 8 research paper.

Advising Notes

- Math 21 is considered the standard 1st semester GQ. Students are encouraged to check with their adviser on the appropriate math sequencing if not placed in MATH 21 first semester.
- It is recommended that General Education Arts (GA) and Humanities (GH) be taken in junior and senior year if student plans to study abroad.
- HDFS US cultures requirement suggested in semester 5 is in addition to the University Requirement.
- HDFS 315 satisfies the University Requirement for US cultures.
- IL may be combined with GA, GH, or GS.
- Credit adjustments should be made if free elective credits are needed for a total of 120 credits minimum (which includes semester 8).

LIFE SPAN Human Services OPTION: Human Development and Family Studies, B.S. at Scranton Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
PSU 8	1 CAS 100A [†]	3
ENGL 15 or 30H	3 EDPSY 101 or STAT 200 ^{**†}	3-4
HDFS 129 [*]	3 HDFS 229 or 239 [*]	3
Quantification (GQ)	3 General Education Course	3
General Education Course	3 General Education Course	3
General Education Course	3	
16		15-16

Second Year

Fall	Credits Spring	Credits
HDFS 229 or 249N [*]	3 HDFS 311 [*]	3
HDFS 301 [*]	3 300/400-Level HDFS Course (Option Req. #3) [*]	3
HDFS 312W [*]	3 Supporting Course (Option Req. #6) [*]	3
HDFS 315 [*]	3 General Education Course	3
General Education Course	3 General Education Course	3
	General Education Course (GHW)	1.5
15		16.5

Third Year

Fall	Credits Spring	Credits
HDFS 411 [*]	3 HDFS 414 [*]	3
300/400-Level HDFS Course (Option Req. #3) [*]	3 HDFS 418 [*]	3
Supporting Course (option Req. #6) [*]	3 HDFS 429 or 445 (or Supporting 400-Level Course (Option Req. #5)) [*]	3
HDFS US Cultures Requirement [*]	3 HDFS 455 [*]	3
General Education Course	3 ENGL 202A [†]	3
Health and Wellness (GHW)	1.5	
16.5		15

Fourth Year

Fall	Credits Spring	Credits
HDFS 401 [*]	3 HDFS 402 [*]	4
HDFS 433 or 428 (or Supporting 400-Level Course (option #5)) [*]	3 HDFS 495C [*]	8
Supporting 400-Level Course (Option Req. #5) [*]	3	
General Education Course	3	

Elective	3	
	15	12

Total Credits 121-122

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

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W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Program Notes

- Students are encouraged to take HDFS 312W in semester 3, if possible.
- HDFS 401 must be the semester before HDFS 495C and HDFS 402.
- International cultures (IL) may be combined with GA, GH, or GS.
- HDFS US cultures requirement is in addition to the University Requirement.
- HDFS 315 satisfies the University Requirement for US cultures.

Advising Notes

- MATH 21 is considered the standard 1st semester GQ. Students are encouraged to check with their adviser on the appropriate math sequencing if not placed in MATH 21 first semester.
- Students should consult with their advisers concerning appropriate supporting courses.
- This is a recommended plan and is not meant to substitute for students meeting with their academic advisers. Any deviations from this plan should be discussed with students' academic advisers.

Shenango Campus

Lifespan and Human Services Option: Human Development and Family Studies, B.S. at Shenango Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
ENGL 15 [‡]	3 Art Elective (GA)	3
HDFS 129*	3 CAS 100A [‡]	3
PSU 8	1 Quantification Elective (GQ) [‡]	3
Humanities Elective (GH) (IL)	3 HDFS 239 or 249N*	3
Natural Science Elective (GN)	3 US Cultures Course (US)*	3
Social and Behavioral Science Elective (GS)	3	
	16	15

Second Year

Fall	Credits Spring	Credits
Health and Physical Activity Elective (GHA)	3 Supporting Course- Consult with an Adviser*	3
HDFS 229*	3 HDFS 301*	3
HDFS 311*	3 Natural Science Elective (GN)	3
HDFS 315Y*	3 Social and Behavioral Science Elective (GS)	3
STAT 200 ^{*†‡}	4 Art Elective (GA)	3
	HDFS 312W*	3
	16	18

Third Year

Fall	Credits Spring	Credits
Supporting Course - 400 Level*	3 ENGL 202A or 202D [‡]	3
Natural Science Elective (GN)	3 Supporting Course - 300/400 Level HDFS*	3
Supporting Course - 300/400 Level HDFS*	3 HDFS 411*	3
Elective	3 HDFS 445*	3
Supporting Course - Consult with an Adviser*	3 HDFS 455*	3
	15	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 401*	3 HDFS 402*	4
HDFS 414*	3 HDFS 495C*	6-8
HDFS 418*	3	
Supporting Course - 400 Level	3	

Humanities Elective (GH) (US) 3

15

10-12

Total Credits 120-122

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Program Notes

Students must complete a 3-credit course in "United States Cultures (US)" and a 3-credit course in "International Cultures (IL)."

Lifespan and Human Services Option with Certification Family Life Education (CFLE): Human Development and Family Studies, B.S. at Shenango Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
ENGL 15 [‡]	3 Art Elective (GA)	3
HDFS 129 [*]	3 CAS 100A [‡]	3
PSU 8	1 Quantification Elective (GQ) [‡]	3
Humanities Elective (GH) (IL)	3 HDFS 239 or 249N [*]	3
Natural Science Elective (GN)	3 US Cultures Course (US) [*]	3
PSYCH 100	3	
	16	15

Second Year

Fall	Credits Spring	Credits
Health and Physical Activity Elective (GHA)	3 HDFS 249N [*]	3
HDFS 229 (Course is a prerequisite to HDFS 412) [*]	3 HDFS 301 [*]	3
HDFS 311 [*]	3 Natural Science Elective (GN)	3
HDFS 315Y [*]	3 Social and Behavioral Science Elective (GS)	3
STAT 200 ^{**‡}	4 Art Elective (GA)	3
	HDFS 312W [*]	3
	16	18

Third Year

Fall	Credits Spring	Credits
Natural Science Elective (GN)	3 ENGL 202A or 202D [‡]	3
HDFS 440 [*]	3 HDFS 412 [*]	3
PSYCH 422 [*]	3 HDFS 411 [*]	3
Supporting Course - Consult with Adviser	3 HDFS 445 [*]	3
Elective	3 HDFS 455 [*]	3
	15	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 401 [*]	3 HDFS 402 [*]	4
HDFS 414 [*]	3 HDFS 495C [*]	6-8
HDFS 418 [*]	3	
HDFS 424 [*]	3	
Humanities Elective (GH) (US)	3	
	15	10-12

Total Credits 120-122

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

¹ Students can choose either HDFS 429 or HDFS 433. Only one of the two courses is needed to fulfill the requirement. HDFS 429 is only offered during the fall semester. If students do not take HDFS 429 in the fall semester, they should take HDFS 433 during the spring semester.

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Program Notes

Students must complete a 3-credit course in "United States Cultures (US)" and a 3-credit course in "International Cultures (IL)."

York Campus

Life Span Human Services Option: Human Development and Family Studies, B.S. at York Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
ENGL 15 or 30H [‡]	3 HDFS 229 or 249N [*]	3
HDFS 129 [*]	3 HDFS 200 [*]	3
General Education course	9 CAS 100 [‡]	3
	General Education Course	6
	15	15

Second Year

Fall	Credits Spring	Credits
HDFS 229 or 249N [*]	3 ENGL 202A [‡]	3
General Education Course	6 General Education course	3
HDFS 311 [*]	3 HDFS 301 [*]	3
HDFS 312W [*]	3 HDFS 315 [*]	3
	HDFS (300 or 400 level)	3
	15	15

Third Year

Fall	Credits Spring	Credits
HDFS Development (400 level)	3 HDFS 411 [*]	3
HDFS (300 or 400 level)	3 400 level course [*]	3
Supporting course	3 400 level course [*]	3
General Education course	6 Supporting course	3
	General Education course	6
	15	18

Fourth Year

Fall	Credits Spring	Credits
HDFS 401 [*]	3 HDFS 402 [*]	4
HDFS 414	3 HDFS 495C [*]	3-8
HDFS 418 [*]	3	
HDFS 455 [*]	3	
400 level course [*]	3	
Elective	3	
	18	7-12

Total Credits 118-123

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

University Requirements and General Education Notes: