CHEMICAL DEPENDENCY PREVENTION AND COUNSELING, CERTIFICATE

Requirements for an undergraduate certificate may be completed at any campus location offering the specified courses for the certificate.

Certificate Learning Objectives

- **Counseling Theories, Techniques, and Skills:** Students will develop a rudimentary understanding of the counseling theories and skills that are often used in human service and rehabilitation practices (including the treatment of substance use disorders).
- **Ethics:** Students will develop an understanding of the professional guidelines, ethical practices, and multicultural considerations associated with treating chemical dependency.
- Foundations: Students will develop a broad understanding of the overview of diagnosis, assessment, counseling, and recovery within the context of chemical dependency treatment.
- **Group Counseling Theory and Skills:** Students will learn the essential elements and demonstrate the associated skills for facilitating groups sessions and various team-building activities utilized within the rehabilitation and human services field (including the treatment of substance use disorders).
- **Knowledge of Substances and Effects:** Students will describe their fundamental knowledge of the physiological effects of recreational and therapeutic drugs along with the impact of substance use and abuse on the health and well-being of 1) the individual (and the underlying reasons for drug misuse) as well as the impact on 2) family members (and other interpersonal relationships), and 3) society as a whole.
- **Prevention:** Students will develop a comprehensive understanding of the helping professional's role in primary and secondary prevention of substance abuse and related problems, such as delinquency, suicide, health issues, and pregnancy.